



Organic Food and Gastronomy in Rural Areas

1. Organic farming enables people to eat healthy food and live in a healthy way.
2. Traditional culinary heritage is passed down to new generations.
3. People in rural areas have some specific information about healthy herbs and benefit from herbal cures or remedies
4. All around the world , a new type of tourism is getting more and more popular day by day : "Gastronomic tourism" which is a way of promoting understanding different cultures and creating opportunities and jobs in rural destinations.

Take into account ;

Depending on the seasonal weather conditions , agricultural production might decrease or take some time to harvest crops.

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